



# Cullingtree Meadows

Supported housing for  
people living with dementia

106 Cullingtree Road  
Belfast  
BT12 4BA

Tel: 028 9087 6000



### WHAT IS SUPPORTED HOUSING?

- Supported Housing offers an alternative housing solution for people with dementia who wish to continue living in their own home, but require support to do so.
- The support provided at Cullingtree Meadows aims to enable each person to achieve maximum independence, by supporting them to maintain the skills and confidence to continue to live independently in the community for as long as possible.
- Each person is encouraged and supported to remain actively involved in all choices related to their daily routine.

# Cullingtree Meadows

Modern, spacious one and two bedroom apartments in a homely and secure environment for people living with dementia.

A partnership between Clanmil Housing Group and the Belfast Health and Social Care Trust, Cullingtree Meadows provides 30 well-proportioned apartments, located on ground and first floor levels.

Ground floor apartments include a patio with garden area. First floor apartments open onto a balcony.

### ACCOMMODATION

Cullingtree Meadows combines the very best of housing design with 24-hour support services to enable tenants to live independently.

A range of assistive technology within each apartment

promotes independent living and enhances tenant safety.

27 one bedroom and 3 two bedroom apartments accommodate a partner or carer living with the tenant in their own home.

All apartments are self-contained and include an ensuite shower room, lounge/dining area and fitted kitchen. Each tenant furnishes their own apartment according to their personal choice.

Communal facilities include:

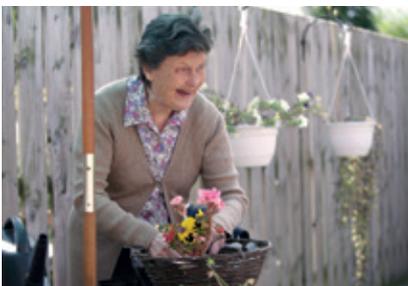
- Two tenant lounges for entertainment and activities
- Quiet room opening onto



- a courtyard garden
- Laundry facilities
- Hairdressing salon
- Potting shed

## CARE AND SUPPORT

24-hour support for tenants is delivered at Cullingtree Meadows by Belfast Health and Social Care Trust staff.



The aim is to provide specialist dementia care and support to suit each individual tenant's assessed needs, enabling them to live independently within their apartment. All care and support is provided by dedicated, trained staff and in agreement with the tenant and their family.

Staff are trained to deliver support and care services that ensure individual's goals are achieved. Tenants are encouraged to remain actively involved in all choices to maximise their health and well-being.

Cullingtree Meadows offers tenants opportunities for social interaction and engagement with other tenants. In consultation with tenants and their families, a range of social activities are provided including opportunities for tenants to be fully involved in, and part of, the wider community.

## LOCATION

Cullingtree Meadows is located on Cullingtree Road, off the Grosvenor Road in Belfast. It is well positioned for local churches, health centres, Falls Road Leisure Centre and public transport, with direct access to Belfast City Centre and the M1 motorway.

## FAMILY INVOLVEMENT

Families and carers are encouraged to remain involved in the support and care of their relative when they move to Cullingtree Meadows.

## IS SUPPORTED HOUSING FOR ME?

Supported housing is a good option for you if you:

- Have a diagnosis of Dementia
- Wish to remain independent but require support to do so
- Wish to remain living within the community



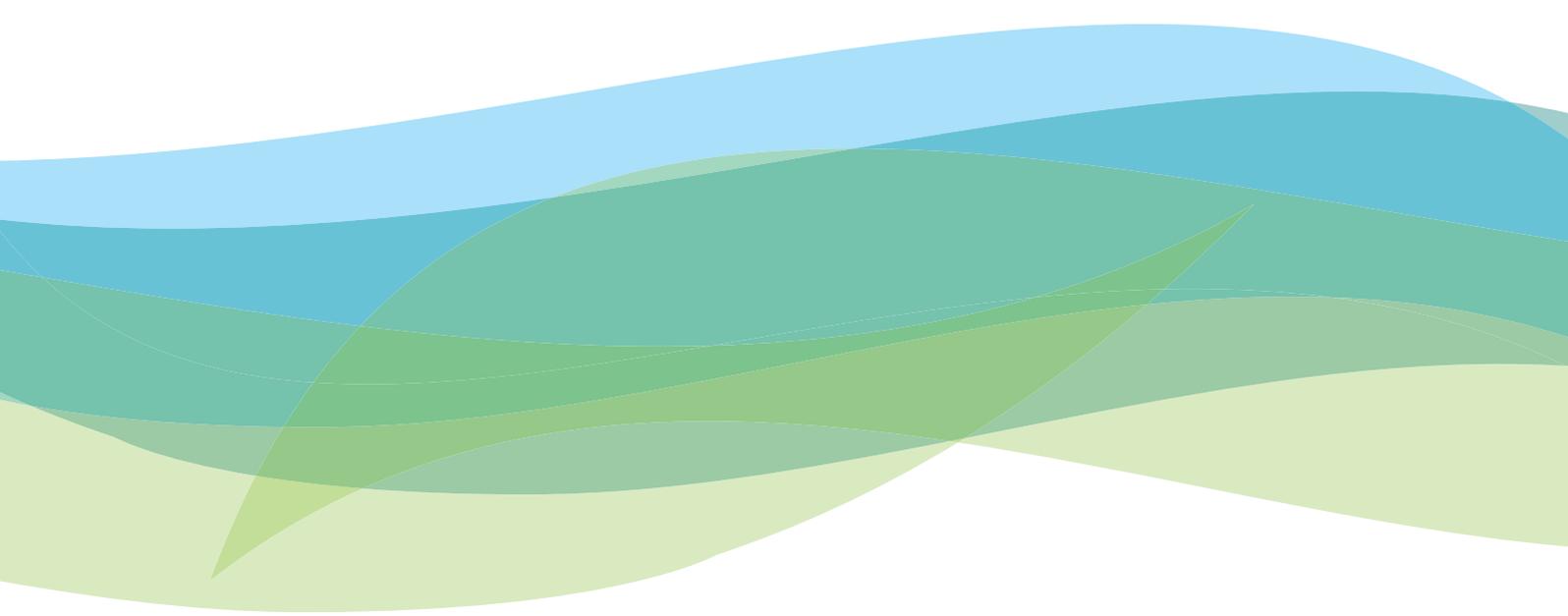
## HOW TO APPLY

If you, a family member or someone you care for, would like to live at Cullingtree Meadows, a Housing Executive Application / Transfer Application Form needs to be completed.

To determine if Cullingtree Meadows is a suitable place for you, an assessment of your needs will be undertaken by a health care professional.

For further information on the application process please contact:  
Clanmil Housing on  
**028 9087 6000**





**Clanmil Housing**

Northern Whig House

3 Waring Street

BELFAST

BT1 2DX

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Clanmil is a not-for-profit housing association

